



Social fun: Sutherland Australian Plants Society branch members will help run the free walk and morning tea at Joseph Bank Reserve, Kareela, for Seniors Week.

Picture: Chris Lane

Busy week for seniors

By **Sandra Siagian**

SUTHERLAND Shire Council has an exciting program lined up for Seniors Week.

Kicking off on Monday, March 21, a variety of free activities have been organised.

"Our seniors have contributed a lifetime of effort to making the community what it is today," Sutherland Shire mayor Phil Blight said.

The annual seniors luncheon will start off the week which will include events at the council's libraries, walks at Cronulla and Joseph Banks Native Plant Reserve at Kareela and a bus tour with the Bushcare teams.

There will also be card-making activities, an international film festival, storytelling for grandparents and their grandchildren and seminars on brain training and shire history.

Australian Plants Society member Ralph Cartwright said Seniors Week was a great way to reach out to other citizens.

"We want to encourage other seniors to volunteer with our working bee," Mr Cartwright said.

Lawyer and researcher Emma Baker, at Cronulla Library, will trace some of the facts surrounding the case about a shark-arm murder.

The council does not use a ballot

system for seniors to attend the annual concert and luncheon; it is now a first-come, first-serve basis by telephone or email.

Details: Maximum two tickets a household. Bookings until Thursday, March 3, at 5pm; culture@ssc.nsw.gov.au or 9710 000.

IMPORTANT DATES:

■ **Seniors Week luncheon is on Monday, March 21, 11.30am-2pm at Sutherland Entertainment Centre.**

■ **Seniors Week concert is on Thursday, March 24, at 10.30am and 2pm at Sutherland Entertainment Centre.**